

Navigating the Holidays During Infertility

Tools & support to help you navigate the holidays with self compassion & strength.



Join Our Live Webinar: Navigating the Holidays During Infertility

When

Wednesday, December 17th
3 p.m. PST / 6 p.m. EST

Hosted by

[Tonya Wood](#)
Kindbody Therapist

RSVP



Patient Perspectives on the Holidays

Real stories and strategies for navigating this time of the year.

[Learn more](#)



Balancing Celebration and Sensitivity

Learn how to share your pregnancy in a way that's kind to everyone.

[Learn more](#)



Managing the Holidays with Infertility

Support and guidance to help you protect your peace and honor your journey.

[Learn more](#)

Adriana and Gerardo

"All of the staff was great. The nurses, ultrasound techs, phlebotomists, embryologists- everyone **treated us with patience and kindness** as we went through the whole process. Our first embryo transfer was a success and we were blessed with our sweet, perfect baby."

[Read more](#)



Your Benefits Through Your Employer

In partnership with your employer, Kindbody provides you and/or your partner with:

- Conception, fertility, and male assessments to help you learn more about your fertility
- 6 sessions of virtual holistic health services; support includes menopause, mental well-being, nutrition, doula/birth coaches, lactation support, back-to-work care, and more

Activate your benefits

Eligibility or coverage for fertility services, medications, or other family-building benefits may vary. Additionally, cost-sharing requirements such as deductibles, copays, and coinsurance may apply. Please review your specific plan terms for these important terms and conditions.

Make Your Benefits Count

There's still time to take advantage of your HSA before December 31. Put it toward your fertility care and make the most of the benefits you've earned.

Contact us at any time.
employeebenefits@kindbody.com
1-855-KND-BODY

