

Welcome to your February newsletter! In honor of Black History Month, we are focusing on the topic of infertility within the Black community.

### February Virtual Event

**Fertility & The Black Experience**  
Thursday, February 27th at 1:30pm ET

Join our incredible panelists as they explore the racial disparities in fertility, fertility care, and patient journeys, and how we are working with our community to close the gap.

[RSVP](#)



### Patient Story

**Meet Briana and Portia**

Briana generously shares her heartfelt journey in her own words, detailing her experience with Kindbody and the path to building her family with her wife, Portia.

[Read their story](#)



### New on Our Blog

**What Black Women Are Talking About When It Comes to Fertility**

Dive into the most pressing topics shaping this important discussion, including mental health, racial inequities in care, and more.

[Read the article](#)



### Monthly Tip

**Tools to Practice Self Love and Compassion**

Practicing self-love and compassion involves cultivating habits and mindsets that prioritize your well-being and emotional health. Here are some ways to do that.

[Learn more](#)

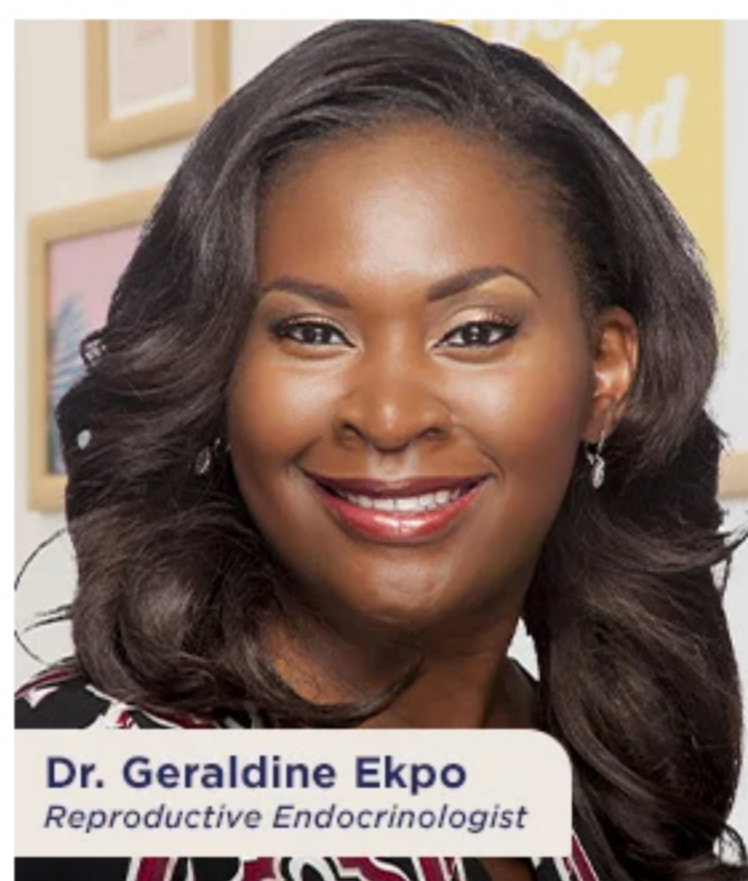


### Provider Spotlight

**Meet Dr. Geraldine Ekpo**

Serving Kindbody's San Francisco and Walnut Creek clinics, Dr. Ekpo is passionate about increasing access to reproductive care. Her areas of expertise include infertility, IVF, IUI, egg freezing, PCOS, fibroids, recurrent pregnancy loss, and third-party family-planning.

[Read more](#)



### Reminder of Your Benefits Through [Employer]

**Employees and spouses/partners enrolled in a [Employer]-sponsored Aetna or BCBS medical plan are eligible for:**

- Up to one (1) KindCycle per lifetime for fertility treatment services such as IUI, IVF, medically necessary egg/embryo/sperm preservation and fertility medications through Kindbody Rx\*
- Reimbursement of up to \$5,000 per event or child with a lifetime maximum of \$10,000 for reimbursable adoption, donor and surrogacy services

**All benefits-eligible employees are eligible for:**

- Reimbursement of up to \$5,000 per event or child with a lifetime maximum of \$10,000 for reimbursable adoption, donor and surrogacy services

[Activate your benefits](#)

**Contact us at any time.**  
employeebenefits@kindbody.com  
1-855-KND-BODY



\*Subject to applicable deductibles or coinsurance under the Aetna or BCBS medical plan