

kindbody

Welcome to KindNews!

October is Breast Cancer Awareness Month. Join us for a [virtual event](#) exploring how cancer—and the risk of it—can affect fertility, along with practical steps you can take to stay informed and empowered.

We're also recognizing **World Menopause Day** with a new [blog article](#) designed to raise awareness, break down stigma, and support women and all people navigating menopause.

📄 [Scroll down for a quick reminder of your employer-sponsored benefits.](#)

Virtual Event



Fertility, Breast Cancer & Taking Control of What's Next

On **Thursday, October 16**, The Breasties and Kindbody come together to explore how cancer—and the risk of it—can impact fertility, and what you can do to stay informed and empowered.

[RSVP](#)

World Menopause Day: Breaking the Silence, Empowering the Journey

Menopause is a natural biological transition, but its symptoms can deeply affect quality of life. It's a time to shine a light on an important life stage that impacts half the population, yet is still too often overlooked or misunderstood.



[Read More](#)



Monthly Tip

The Importance of Scheduling your Mammogram

One of the most effective tools for early detection is the mammogram—a low-dose X-ray that helps doctors identify breast cancer in its earliest stages, often before symptoms appear.

[Read more](#)



Provider Spotlight

Meet Kindbody's Dr. Jasmine Pedroso

As Kindbody's National Gynecology Lead, she sees many of our menopause patients and has received multiple awards for surgical prowess, teaching, publications, and contributions to women's health.

[Learn more](#)



Patient Story

Nicolette's Oncofertility Story

"The entire journey with Kindbody, from the lab techs, the ultrasound techs, my nurses, and of course my doctor, I was met with compassion and professionalism."

[Read story](#)

Your Benefits Through [Employer]

This section will be customized for your benefits

Employees and spouses/partners enrolled in a [Employer]-sponsored Aetna or BCBS medical plan are eligible for:

- Up to one (1) KindCycle per lifetime for fertility treatment services such as IUI, IVF, medically necessary egg/embryo/sperm preservation and fertility medications through Kindbody Rx*
- Reimbursement of up to \$5,000 per event or child with a lifetime maximum of \$10,000 for reimbursable adoption, donor and surrogacy services

[Activate your benefits](#)

*Subject to applicable deductibles or coinsurance under the Aetna or BCBS medical plan

Contact us at any time.

employeebenefits@kindbody.com

1-855-KND-BODY

