

kindbody +



California Schools VEBA offers Kindbody as your fertility & reproductive health benefit (Effective 1/1/2026)



There are many different fertility, family-building, and reproductive care journeys, whether you are looking to preserve your fertility for the future, start a family now, optimize your health during and after pregnancy, or manage the transition through menopause. Kindbody provides end-to-end reproductive care services with a dedicated Care Navigation Team to guide you through your journey and coordinate the full-spectrum of benefits available to you and your covered family members.

Employees and spouses/partners who are enrolled in a California Schools VEBA - sponsored Cigna, UHC, UMR, Surest, VEBA Direct HMO or SIMNSA HMO plan are eligible for the Kindbody benefits outlined below. Please note: you will only have access to fertility benefits through Kindbody if you are NOT otherwise eligible for coverage through your medical plan.

Your Kindbody Benefit Includes

- Up to 3 full KindCycles per member per lifetime for fertility treatments including in vitro fertilization (IVF), intrauterine insemination (IUI), egg/embryo/sperm freezing, male fertility services, and fertility medications through KindRx if otherwise not covered under your medical plan (note: your medical plan may not provide coverage for non-medically necessary or elective services)
- If not covered under your medical plan, conception, egg freezing, female and male fertility assessments to help you learn more about your fertility
- 6 virtual coaching sessions on a variety of topics like nutrition, mental wellness, lactation, return to work support, sleep training and more
- Access to the Menopause Program built to provide care and support for women experiencing perimenopause and menopause; services include a consultation with a Kindbody provider, lifestyle assessment, hormone testing (if appropriate), and 3 virtual holistic sessions.
- Access to the KindDoula program which includes 8 virtual visits with a dedicated Kindbody Doula. Your Doula will work with you during and after your pregnancy to ensure you have support, resources, and information to help you prepare for a successful birth journey.
- Dedicated Care Navigation Team
- Access to Kindbody's network of Signature and Partner clinics
- Access to Kindbody's personalized patient portal inclusive of educational resources and videos

Note: Employees and spouses/partners enrolled on the California Schools VEBA - sponsored Kaiser or HMO plans will have access to CalVEBA discounted rates at Kindbody Signature clinics and for holistic health, doula and menopause services. These direct discounts are offered directly by Kindbody and not through the California Schools VEBA benefit program.

How to Get Started with Kindbody

- 1 Head to kindbody.com/activate
- 2 Create your Kindbody account using any email address
- 3 Confirm eligibility by entering access code **KINDCSVEBA** and your unique user ID as follows:
 - *Employee:* First Name + Last Name + -E + last four digit of your social security number (Example: JaneDoe-E1234)
 - *Spouse/domestic partner:* First Name + Last Name + -D + last four digit of the spouse/domestic partner's social security number (Example: JonDoe-D5678)

